

County of Riverside Employees Retiring this Year

What's the most important thing to do?

Contact HLRhelp@blueshieldca.com BEFORE you retire. They will explain exactly what needs to be done to manage your Healthy Lifestyle Rewards program participation.

1. I am retiring from COR this year. Will I be able to continue participating in HLR and earn rewards?

Yes.

2. Do I have to sign up again?

If you change to a different health plan providers upon retirement, **you will need to re-register** for the Healthy Lifestyle Rewards program. You will find the registration links for the County of Riverside at www.rc-hr.com/wellness

3. Do I have to stay with a Blue Shield health plan?

No. All retirees are eligible to participate.

4. Will my spouse/dependent also be able to participate?

If you select a Blue Shield Medical plan for retirement coverage, your spouse/dependent will have access to the online tools but they will **not** be able to earn rewards.

If you select another (non Blue Shield) health plan for your medical coverage, spouses/dependents are NOT able to access the online tools.

5. Do I have to do anything to keep my credits for rewards?

If you change health plan providers at retirement, YES, you will need to contact the HLR program team.

- Print out a copy of your final pre-retirement "Rewards Summary" for your records
- Email HLRhelp@blueshieldca.com with
 - ❖ the effective date of your retirement
 - ❖ the name of your pre-retirement health plan and
 - ❖ your post-retirement health plan

Employees with BSC coverage who maintain BSC health plan coverage for their retirement will have no break in rewards reporting and do not have to do anything extra.

6. I'm confused! This is too much to read. Help!

Email us at HLRhelp@blueshieldca.com. We will walk you through it.