

## County of Riverside Mid-Year Benefit Changes

### Qualifying for Benefits

- 1. I am qualifying for health benefits mid year. Will I be able to participate in HLR and earn rewards?**  
Yes.
- 2. What do I do?**  
All the information and directions are posted, along with the registration links on the County of Riverside at [www.rc-hr.com/wellness](http://www.rc-hr.com/wellness)
- 3. Can I earn rewards?**  
Yes. You are eligible to receive \$25 for completing the Wellness Assessment. And every 12 weeks of online participation completed before November 29, 2009 is rewarded with \$50, up to a maximum of \$150 for 36 weeks.

### Waiving Benefits

#### What's the most important thing to do?

Contact [HLRhelp@blueshieldca.com](mailto:HLRhelp@blueshieldca.com) BEFORE you waive your benefits. They will explain exactly what needs to be done to manage your Healthy Lifestyle Rewards program participation.

- 1. I am waiving health benefits mid year. Will I be able to participate in HLR and earn rewards?**  
Yes.
- 2. Do I have to do anything to keep my credits for rewards earned before I waived coverage?**  
If your previous medical plan coverage was not through Blue Shield of California, you may continue to log in and use the program just as before.  
  
If you had Blue Shield medical coverage through the COR before you waived benefits. you will need to:
  - re-register for the program as “waived benefits” using your employee ID number.
  - Print out a copy of your “Rewards Summary” for your records
  - Email [HLRhelp@blueshieldca.com](mailto:HLRhelp@blueshieldca.com) with
    - the effective date you waive health benefits
    - the name of your health plan before waiving and
    - the name of the health plan (if any) you will have